



**Parent Instructions:** Below is a “Digital Consciousness Contract” from IROC2, creators of “Public & Permanent.” Please review and complete with your child to reinforce the classroom learning. To learn more about the issues, consequences, and rewards referred to in the contract, and to find additional tips and tools, visit [www.iroc2.org](http://www.iroc2.org).



## Digital Consciousness Contract

Talking to your child about the dangers of digital abuse isn't always easy, but it is important. Now is not the time to be coy, shy, timid, or indirect with your kids. Every time they use digital technology, they open themselves up to the world, and to the benefits and risks that we all inherit once we power up! To help you talk with your child, and to establish fair and informed usage guidelines IROC2 has created the **Digital Consciousness™ Contract** to assist you with;

- Defining your child's approved digital devices
- Clearly outlining prohibited behaviors
- Setting up scheduled Check-Ups to monitor activity for irresponsibility or abuse
- Clearly communicating the consequences associated with your child's abuse of technology

Once you discuss and come to an agreement for each section below, sign and date this contract, and keep it in a prominent place, like the computer table or on the refrigerator as a constant reminder for everyone.

### 1) Authorized Digital Tools & Technologies

The following Digital Tools & Technologies are authorized to be used.

\_\_\_\_\_

\_\_\_\_\_

### 2) Digital Tools & Technologies Check-Ups

All authorized digital tools & technologies will be inspected by a Parent/Guardian according to the schedule below.

Every \_\_\_\_\_  Days  Weeks  Months – the agreed upon digital tools will be handed in for inspection.  
*[Insert #]*

### 3) Issues Leading to Consequences: Prohibited Behaviors Should Be Listed.

Consider the issues of posting, sharing, or viewing sexually explicit material, harassing or malicious materials, or sharing inappropriate personal information, and not using antivirus and anti-spyware software. Customize this list by adding your own. If necessary, use another sheet of paper to complete this section. Everyone initial & date the page(s) and staple it to this document.

### 4) Consequences and Rewards

Customize a list of consequences and rewards on another sheet of paper to complete this section. Everyone initial & date the page(s) and staple it to this document.

### 5) Signatures

#### Son/Daughter:

I promise to abide by the contract outlined above. If I break any part of this contract, I will accept the consequences and will not utilize any unauthorized digital tools & technologies while the aforementioned consequences are in effect.

\_\_\_\_\_

Date

#### Parent/Guardian:

I promise to do what I can to help my child succeed in following this contract. I understand this will be an evolving contract and promise to make myself available to discuss these rules and their consequences when necessary.

\_\_\_\_\_

Date

IROC2.org  
Creators of The  
Course to Digital Consciousness™



*Every child deserves to be safe!*

